



Hall of Fame Club Records U20 Men

60m	indoor	Matthew Treston	6.93 secs	2015
100m		Steve Eden	10.42 secs	1984
200m		Steve Eden	21.06 secs	1984
300m		Sammy Ball	33.95 secs	2023
400m		Reuben Henry-Daire	47.71 secs	2021
800m		Martin Pemberton	1:52.9 mins	1987
1,500m		Jonathan Davies	3:50.39 mins	2012
Mile		Alex Sutton	4:31.85 mins	2017
3,000m		Jonathan Davies	8:16.89 mins	2013
5,000m		Jonathan Davies	14:09.46 mins	2013
10,000m		Paul Lanfear	30:25.0 mins	1979
2,000m S/C		Martin Pemberton	5:51.27 mins	1989
60m Hurdles	indoor	Matthew Treston	7.92 secs	2016
110m Hurdles		Matthew Treston	13.48 secs	2016
400m Hurdles		Steve Marney	55.16 secs	1992
Long Jump		Sammy Ball	7.17m	2021
Triple Jump		Ray Smith	14.72 m	1986
High Jump		Andrew Weston	2.11 m	1992
Pole Vault		Sammy Ball	4.40m	2023
Shot Put	6.00kg	Nigel Spratley	17.58 m	1989
Discus	1.75kg	Walter Chandler	50.26 m	1961
Javelin	800g	Hugo Domingos	60.85m	2023
Hammer	6.00kg	Harry Ricketts	67.73m	2023
Decathlon	outdoor	Sammy Ball	7,870 points (UK Record)	2023
4x100m Relay		Hagen Mzee		
		Reuben Henry-Daire		
		Joe Frew	42.18 secs	2022
		Sammy Ball		
4x400m Relay		Anthony Waddington		
		Jonathan Gubb		
		Neil Robinson	3:25.5 mins	1992
	Steve Marney			